

FOR THE LOVE OF VAUGHAN...

COOK YOUR OUT



SHARE RECIPES



COOK



SHARE MEMORIES



WWW.HOSPICEVAUGHAN.COM/LOVEVAUGHAN

H  **SPICE**
VAUGHAN

FOR MORE INFORMATION CONTACT
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905-850-6266 X 201



EVENT INFORMATION PACKAGE

FOR THE LOVE OF VAUGHAN

Hospice Vaughan is excited to announce that we are launching our **COOK YOUR HEART OUT** challenge, for the love of VAUGHAN! Inspired by a sense of community during these trying times, we want to connect with YOU! COVID-19 may be keeping people apart, but the Hospice Vaughan Virtual Cooking Challenge will show that we're a strong and supportive community—even when we are not together.

It's never been more important to ensure that our clients, their loved ones, caregivers and the community have access to the **ESSENTIAL** compassionate care they need. Caring for those living with life limiting illness while supporting those navigating grief during these difficult times is our top priority and we can't do it without you! With your support, we can keep providing the programs and services our community needs, free of charge. **VAUGHAN**, our clients need us more than ever.

The enclosed material will provide details regarding the **COOK YOUR HEART OUT** challenge. We look forward to sharing and connecting with you through our love of food!

REGISTRATION IS FREE.

SHARE YOUR RECIPES. COOK. SHARE MEMORIES.

Thank you for your support,

Belinda Marchese

Executive Director
Hospice Vaughan

Diane Presta-Pereira

Events, Staff Lead
Hospice Vaughan

Louie Chiaino

Fundraising Chair

HOW IT WORKS...

- Fun for the entire family!
- Register for the cooking challenge online at: www.hospicevaughan.com/lovevaughan
- Once registered you'll be given your own participant page – you can personalize it, post photos, and if you wish, collect pledges from family and friends!
- **START COOKING!**



SHARE YOUR RECIPES!

- Once registered, share recipes with us over the course of 30 days. Post pictures and videos on social media! Tag @HospiceVaughan and #ForTheLoveOfVaughan
- Encourage family and friends to join you!
- Submit your recipes to Hospice Vaughan using the feature on the website. Up to 3 recipes per participant will be featured on the blog and in the cook book!



WHAT DOES IT MEAN TO YOU?

- Share your stories with us! What do these recipes mean to you?
- Share your favourite recipes, traditional recipes of your culture, or a loved ones recipe!
- Take this opportunity to connect, remember, and find comfort.



REGISTRATION DETAILS



"Home is where the heart is and the kitchen is often seen as the heart of the home. Cooking is love made visible..."

REGISTER ONLINE, IT'S FREE!

WWW.HOSPICEVAUGHAN.COM/LOVEVAUGHAN

QUESTIONS:

Contact Diane at diane@hospicevaughan.com or 905-850-6266 x 201 with any questions!

MAKE SURE YOU FOLLOW US ON SOCIAL MEDIA!

We'll be going live with special guests, cooking classes and recipe videos! Want to submit a video or featured recipe?

Contact diane@hospicevaughan.com

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COOK YOUR HEART!

